



### Midway evaluation, by Yvon Schuler

Ideas for next workshop:

- The farmers must be included to the conference. Entrepreneurship perspective must be included.
- Clients must be included to the workshop or they who work at the farms
- More time with research detail
- Storytelling was good ideas!
- Dictionary of new words
- Not sessions after dinner or lighter sessions after dinner



### Action reports

Action 3-4: European Day of Farming for Health and European prize for social entrepreneurship, Yvon Schuler, NL: See session later.

Action 17: Web-based dictionary on care farming, Joe Sempic, UK

There will be constructed a questionnaire on the issue, to be circulated by URL. Collect terms, both in English and translated to other countries. Clear up the meaning of the terms in use. Time table: to be finished by Christmas.

### Plenary lectures



Blended values as means of communication, Gert Rebergen, NL

To blend values. It starts with dialogue, to understand differences and similarities. The issue of GC involves more than one sector, more than one minister, but there is a lack of co-operation. There is a gap in language, culture and understanding. To bridge the gap, there must be anti-professionalization, anti-guarding, and anti-classifying. Social Return of Investment (SROI) can be used as means of communication in many ways: for internal report, for external report, for strategic issues, and operational issues.



Organisational networks and international cooperation, Massimo Testa, I

Lobbies, territories, networks, multinational corporations during globalizational age. There is a lot of money and interests involved. This also affects agriculture. A new law opens for volunteer organisations to operate on a business bases, not only in Italy but also internationally, so called G-local actions. Will national institutions still have power? Is Western agriculture cut off by the international markets? Is quality of products and globalisation the only answer? Are small-medium companies able to cope? We must consider all effects related to globalization when we're projecting on care farming.



"Healing through working" – a study of therapeutic communities of persons with psychiatric problems, Truida de Raaf, NL.

Omslag – a foundation for the skilled promotion of cooperation among agriculture skilled labour and healthcare. A study of three state recognized institutions. The concept: living and working together, combine therapy and social-cultural activities, one year training programs. A study were documenting the activities, measuring results and evaluating treatments. It involved co-workers and (ex-)clients. Main results are:

- \* clients must have an inner will to change their lives
- \* It is necessary to supply the security, structure and rhythm.
- \* Nature and quite environments
- \* Clients and health care workers meet as "normal people". Clue: awake hope.



### Session on Action 6: socioeconomic indicators of green care initiatives, by Katja

1. Building up the reliable performance indicators is THE PROBLEM. Yet its solution is crucial for credibility of the system.
2. The existing solutions such as The NL Profile of care farm, SROI etc, are to be used as an initial ideas within the process of building up the relevant indicators.
3. Katja, Jost and Liano are prepared to think about THE PROBLEM during their afternoons and exchange ideas about it.
4. Members of CP from the universities are asked to encourage their students to explore the performance measurement problems
5. Members of CP are asked to consult professionals in health-social care in order to include their expertise in the GC performance measurement

## Session: Health effects

This session consisted of four reports on therapeutic effects of green care for various target groups.

*Marjolein Elings* presented a pilot project focussing on how psychiatric patients and drug addicts could improve their physical, mental and social functioning. This is now followed up by an effect study with a control group which will be studied at various intervals after start.

*Simone de Bruin* studies effects on quality of life of demented elderly living on a green care farms. Her pilot study showed that although a minority of the elderly in such care had a background from agriculture, 75 % had affinity to agriculture and 87 % had affinity with nature.

*Konrad Neuberger* runs an institution with 10-20 psychiatric patients visiting on a day-to-day basis to work with vegetables. He has produced a questionnaire with 40 items that are body oriented, consciousness related or communication oriented. He concludes that gardening helps the patients to restore their interest in the world. *Derk Klein Bramel* stressed that a sense of coherence is an important aspect of psychotherapy, and that the following aspects are crucial: relations to somebody, a healing environment, a concept for cure, and a ritual or process with activity. Minerals, plants, animals, and humans can learn specific aspects of life to the patients with increasing complexity.

*By Bjarne Braastad*

## Workshop European day and prize for Green Care

Wouldn't it be great to put the Green Care practice examples in the picture? We propose to organise a special day for Green Care all over Europe. Our suggestion is for every country to pick a day in June for this 'European day for Green Care'. The purpose would be to further promote Green Care initiatives and Green Care in general.

The second idea we worked on is how to organise a special 'European prize for Green Care' all over Europe. We suggest prizes for different categories:

- a long time achievement award, which is granted with a prize just for honour
- an innovation award, which a money prize attached to it
- a prize on some special theme (like for example mix of target groups, supportive organisation)

The prize could be for a farm or for a care organisation. In our idea, every country could grant such a prize, afterwards the CoP chooses the European winner. Both ideas will be discussed a bit further tomorrow morning.

*By Katrien Goris, Belgium*

## IN THE AFTERNOON WE HAVE....

... visited the private Green Care farm "Soma gård", jumped in the hay and climbing the ropes...

... visited the museum Jærmuseet, where we met the bees, made butter and potato cakes, produced souvenir ploughs, divided a rock in two, and experienced the open landscape. We also had a wonderful meal, and song a canon. And finally the highlight: The BARN OPERA - bravo!

... been at the mid summer celebration by the coast, with a big fire, dancing with an orchestra, and had time to rest our eyes on the lazy waves, the boats in the horizon, the flowers, birds and grassing cattle...



Amore...



## EDITORS NOTE:

Thank you to all for making this a high quality conference. I hope we will all meet in Belgium (Flanders?) in September the next year!

A special thanks to all of you "journalists" who have contributed to our daily paper.

The planning committee wish you all a nice trip back home!